## Metric and Normed Spaces II, Bourgain's Theorem

Geometric Methods in Computer Science

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## 1 Notation

Given a metric space (X, d) and  $S \subset X$ , the distance from  $x \in X$  to S equals

$$d(x,S) = \inf_{s \in S} d(x,s).$$

The distance between two sets  $S_1, S_2 \subset X$  equals

$$d(S_1, S_2) = \inf_{s_1 \in S_1, s_2 \in S_2} d(s_1, s_2).$$

**Exercise 1.** Show that distances between sets do not necessarily satisfy the triangle inequality. That is, it is possible that  $d(S_1, S_2) + d(S_2, S_3) > d(S_1, S_3)$  for some sets  $S_1$ ,  $S_2$  and  $S_3$ .

Exercise 2. Prove that  $d(x,y) \ge d(S,x) - d(S,y)$  and thus  $d(x,y) \ge |d(S,x) - d(S,y)|$ .

*Proof.* Fix  $\varepsilon > 0$ . Let  $y' \in S$  be such that  $d(y', y) \le d(S, y) + \varepsilon$  (if S is a finite set, there is  $y' \in S$  s.t. d(y, y') = d(S, y)). Then

$$d(x,S) \le d(x,y') \le d(x,y) + d(y,y') \le d(x,y) + d(S,y) + \varepsilon.$$

We proved that  $d(x,S) \leq d(x,y) + d(S,y) + \varepsilon$  for every  $\varepsilon > 0$ . Therefore,

$$d(x,S) \le d(x,y) + d(S,y).$$

## 2 Bourgain's Theorem

**Definition 2.1.** Let X be a finite metric space and  $p \ge 1$ . Suppose that  $Z \ne \emptyset$  is a random subset of X (chosen according to some probability distribution). For every  $u \in X$ , define random variable  $\xi_u = d(u, Z) = \min_{z \in Z} d(u, z)$ . Consider the map f from X to the space of random variables  $L_p(\Omega, \mu)$  that sends u to  $\xi_u$  (where  $\Omega$  is the probability space and  $\mu$  is the probability measure on  $\Omega$ ). We say that f is a Fréchet embedding.

**Lemma 2.2.** Every Fréchet embedding f is non-expanding. That is,  $||f||_{Lip} \leq 1$ .

*Proof.* Consider a Fréchet embedding that sends u to  $\xi_u = d(u, Z)$ . For every  $u, v \in X$ , we have

$$\|\xi_u - \xi_v\|_p = (\mathbb{E}[|d(u,Z) - d(v,Z)|^p])^{1/p} \stackrel{\text{by Exercise 2}}{\leq} (\mathbb{E}[|d(u,v)|^p])^{1/p} = d(u,v).$$

Remark 2.3. If X is infinite, then the random variable  $\xi_u = d(u, Z)$  does not necessarily belong to  $L_p(\Omega, \mu)$  (its p-norm might be infinite). However, we can define  $\tilde{\xi}_u$  as  $\tilde{\xi}_u = d(u, Z) - d(x_0, Z)$ , where  $x_0$  is some point in X. Then the proof of Lemma 2.2 shows that  $\|\tilde{\xi}_u\|_p \le d(u, x_0) < \infty$  and the map  $f: u \mapsto \tilde{\xi}_u$  is non-expanding.

**Theorem 2.4** (Bourgain's Theorem). Every metric space X on n points embeds into  $L_p(X, \mu)$  with distortion  $O(\log n)$  (for every  $p \ge 1$ ). That is,  $c_p(X) = O(\log n)$ .

*Proof.* Let  $l = \lceil \log_2 n \rceil + 1$ . Construct a random set Z as follows.

- Choose s uniformly at random from  $\{1, \ldots, l\}$ .
- Initially, let  $Z = \emptyset$ .
- Add every point of X to Z with probability  $1/2^s$ , independently.

Now let f be the Fréchet embedding that maps  $u \in X$  to random variable  $\xi_u = d(Z, u)$ . By Lemma 2.2, f is non-expanding. We are going to prove that for every u and v,

$$||f(u) - f(v)||_p \ge \frac{c}{l} \cdot d(u, v),$$

for some absolute constant c. Note that it is sufficient to prove this statement for p = 1, since by Lyapunov's inequality  $||f(u) - f(v)||_p \ge ||f(u) - f(v)||_1$ .

Consider two points u and v. Let  $\Delta = d(u,v)/2$ . Define interval  $I_Z$  as follows:  $I_Z = [d(u,Z),d(v,Z)]$  if  $d(u,Z) \leq d(v,Z)$ , and  $I_Z = [d(v,Z),d(u,Z)]$  if d(v,Z) < d(u,Z). That is,  $I_Z$  is the interval between d(u,Z) and d(v,Z). Denote the length of  $I_Z$  by  $|I_Z|$ . Let  $\mathbf{1}_{I_Z}$  be the indicator function of  $I_Z$ . Write,

$$|d(u,Z) - d(v,Z)| = |I_Z| = \int_{I_Z} 1 dt = \int_0^\infty \mathbf{1}_{I_Z}(t) dt.$$

Then,

$$||f(u) - f(v)||_1 = \mathbb{E}\left[|d(u, Z) - d(v, Z)|\right] = \mathbb{E}\left[\int_0^\infty \mathbf{1}_{I_Z}(t)dt\right]$$

$$\binom{\text{by Fubini's}}{\text{theorem}} = \int_0^\infty \mathbb{E}\left[\mathbf{1}_{I_Z}(t)\right]dt = \int_0^\infty \Pr\left(t \in I_Z\right)dt \ge \int_0^\Delta \Pr\left(t \in I_Z\right)dt.$$

We now prove that  $\Pr(t \in I_Z) \ge \frac{\Omega(1)}{l}$  if  $t \in (0, \Delta)$ . That will imply that  $||f(u) - f(v)||_1 \ge \frac{\Omega(1)}{l} \cdot \Delta = \frac{\Omega(1)}{l} \cdot d(u, v)$ .

Fix  $t \in (0, \Delta)$ . Consider balls  $B_t(u)$  and  $B_t(v)$ . They are disjoint since  $2t < 2\Delta = d(u, v)$ . Assume without loss of generality that  $|B_t(u)| \leq |B_t(v)|$ . Denote  $m = |B_t(u)|$ . Let  $s_0 = \lfloor \log_2 m \rfloor + 1$ . Then  $m < 2^{s_0} \leq 2m$ . Let  $\mathcal{E}_u$  be the event that d(u, Z) > t, and  $\mathcal{E}_v$  be the event that  $d(v, Z) \leq t$ . We have,

$$\Pr(t \in I_Z) = \Pr(d(u, Z) \le t \le d(v, Z) \text{ or } d(v, Z) \le t \le d(u, Z))$$
  
 
$$\ge \Pr(d(v, Z) \le t < d(u, Z)) = \Pr(\mathcal{E}_u \text{ and } \mathcal{E}_v).$$

Event  $\mathcal{E}_v$  occurs if and only if there is a point in Z at distance at most t from v; that is, when  $B_t(v) \cap Z \neq \emptyset$ . Event  $\mathcal{E}_u$  occurs if and only if  $B_t(u) \cap Z = \emptyset$ .

Consider the event  $s = s_0$ . It happens with probability 1/l. Conditioned on this event, events  $\mathcal{E}_u$  and  $\mathcal{E}_v$  are independent (since  $B_t(u)$  and  $B_t(v)$  are disjoint) and

$$\Pr(\mathcal{E}_{u}|s=s_{0}) = \prod_{w \in B_{t}(u)} \Pr(w \notin Z|s=s_{0}) = \prod_{w \in B_{t}(u)} \left(1 - \frac{1}{2^{s_{0}}}\right) = \left(1 - \frac{1}{2^{s_{0}}}\right)^{m} \ge \frac{1}{e}.$$

$$\Pr(\mathcal{E}_{v}|s=s_{0}) = 1 - \prod_{w \in B_{t}(v)} \Pr(w \notin Z|s=s_{0}) = 1 - \prod_{w \in B_{t}(v)} \left(1 - \frac{1}{2^{s_{0}}}\right) \ge 1 - \left(1 - \frac{1}{2^{s_{0}}}\right)^{m}$$

$$\ge 1 - \frac{1}{e^{1/2}}.$$

We get

$$\Pr\left(t \in I_Z\right) \ge \Pr\left(\mathcal{E}_u \text{ and } \mathcal{E}_v\right) \ge \Pr\left(s = s_0\right) \Pr\left(\mathcal{E}_u \text{ and } \mathcal{E}_v|s = s_0\right)$$

$$\ge \frac{1}{l} \Pr\left(\mathcal{E}_u|s = s_0\right) \Pr\left(\mathcal{E}_v|s = s_0\right) \ge \Omega\left(\frac{1}{l}\right).$$

Exercise 3. The set Z might be equal to  $\varnothing$  in our proof, then random variables  $\xi_u = d(u, Z)$  are not well defined. Show how to fix this problem.

*Proof.* There are many ways to fix this problem. For instance, we can add an extra point  $x_{\infty}$  to the metric space X, and define  $d(u, x_{\infty}) = 2 \operatorname{diam}(X)$ , where  $\operatorname{diam}(X) = \max_{u,v \in X} d(u,v)$ . Then construct the set Z as before, except that always add  $x_{\infty}$  to Z. Thus we ensure that  $Z \neq \emptyset$ . In other words, we can define  $\xi_u$  as before if  $Z \neq \emptyset$ , and  $\xi_u = 2 \operatorname{diam}(X)$  if  $Z = \emptyset$ . The rest of the proof goes through without any other changes.

The proof of Bourgain's theorem provides an efficient randomized procedure for generating set Z. As presented here, this procedure gives an embedding only in  $L_p(\Omega, \mu)$  and not in  $\ell_p^N$ . We already know that if a set of n points embeds in  $L_p(\Omega, \mu)$  with distortion D then it embeds in  $\ell_p^{\binom{n}{2}}$  with distortion D. However, in fact, we need only  $N = O((\log n)^2)$ 

dimensions: for every value of  $s \in \{1, ..., l\}$  we make  $\Theta(\log n)$  samples of the set Z. Then the total number of samples equals  $\Theta((\log n)^2)$ . Using the Chernoff bound, it is easy to show that the distortion of the obtained embedding is  $O(\log n)$  w.h.p.

Fact 2.5 (Matoušek). Let  $D_{n,p}$  be the smallest number D such that every metric space on n points embeds in  $\ell_p$  with distortion at most  $D_{n,p}$ . Then

$$D_{n,p} = \Theta\left(\frac{\log n}{p}\right).$$